

LUKE 6:1-11 *Jesus The Sabbath Lord*

INTRODUCTION

Jesus and His disciples run into the Pharisees again, and are questioned about what they are doing. The Pharisees thought Jesus was breaking God's rules about the Sabbath by picking grain and healing people. They considered that work, and they said people shouldn't work on the Sabbath.

DISCUSSION

Is it ever okay to *not* help someone in need?

EXPLANATION

- What is the Sabbath? *A day of rest dedicated to God.*
- What was Jesus doing that made the Pharisees angry? *He was picking and eating grain with His disciples.*
- Why do you think Jesus and His disciples were picking grain? *Because they were probably hungry.*
- What did Jesus say was the reason He could do that (in verse 5)? *"The Son of Man is Lord of the Sabbath."*
- What were the Pharisees watching for Jesus to do on verse 7? *To see if He would heal on the Sabbath.*
- Why did they think Jesus shouldn't do those things on the Sabbath? *The Sabbath was a day of rest dedicated to God, and according to the Pharisees, picking grain and healing people was considered work and therefore not permitted.*
- What did Jesus mean in verse 9? *What's more important: following the rules exactly or helping someone in need?*
- How did the Pharisees respond? *They were furious with Jesus and started talking about what they might do to Him.*

APPLICATION

"And Jesus said to them, 'I ask you, is it lawful on the Sabbath to do good or to do harm, to save life or to destroy it?'" (Luke 6:9). The Pharisees accused Jesus and His disciples of breaking God's rule about the Sabbath, but it was really just their made-up rules He wasn't following. If someone were hurt, would you go and help them even if you saw a sign read "No Trespassing" or "Keep Off The Grass"? What is more important: to always follow the rules or always do what's right? What are some rules you've made up that are more important to you than loving God and loving other people?

Memory VERSE

Luke 6:5- "And He said to them, 'The Son of Man is Lord of the Sabbath.'"